

Proposed Benefit Plan

Includes a broad array of services available through State Plan but also expands available services such as team planning process, flex funds and other covered services and supports designated in the child's plan.

The benefit plan should include culturally-competent behavioral health (which encompasses mental health and substance abuse) and non-traditional services, including but not limited to: developmentally appropriate screenings, assessments (which can include mental health, developmental, adaptive and intellectual functioning, substance abuse and addiction, and behavioral risk factors); prevention/early intervention services; services provided by families and young people; outpatient therapies; family therapies; parent-child therapies; case management; mobile crisis response; intensive in-home services; behavioral aides; medication management; psychosocial education and training; mental health consultation; behavioral support for child care; treatment and other foster homes; culturally-specific services; treatment services for substance abuse and addiction; day treatment; residential treatment; sub-acute; in-patient hospitalization; and mentors, independent living; respite; tutors; job coaches; treatments designed for children and youth with externalizing behaviors (such as, delinquent behaviors, aggression, sexualized behavior and/or fire setting); transition services for older teens; and discretionary flex funds.

Supports specific to school success, including but not limited to: early childhood behavioral supports, early childhood mental health consultation, behavioral aides, behavior specialists, school-based health services, school-based crisis response and management, behavioral support for extracurricular activities, other supported classroom services, special school placements and discretionary flex funds.

See next page for benefit categories.

Benefits by categories

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| <p>Behavioral Health</p> <ul style="list-style-type: none"> • Crisis intervention. • Day treatment. • Family Assessment. • Family preservation. • Family therapy. • Group therapy. • Individual therapy. • Parenting/family skills training. • Substance abuse assessment. • Substance abuse therapy, individual and group. • Special therapy, i.e. sex offender treatment. | <p>Psychiatric</p> <ul style="list-style-type: none"> • Assessment. • Medication follow-up/psychiatric review. • Nursing services. | <p>Mentor</p> <ul style="list-style-type: none"> • Case aide. • Clinical mentor. • Education mentor. • Life coach/independent living skills mentor. • Parent and family mentor. • Recreational/social mentor. • Tutor. • Community supervision. | <p>Respite</p> <ul style="list-style-type: none"> • Crisis respite (daily or hourly). • Planned respite (daily or hourly). • Residential respite. |
| <p>Service Coordination</p> <ul style="list-style-type: none"> • Case management. • Service coordination. • Intensive case management. | <p>Discretionary</p> <ul style="list-style-type: none"> • Activities. • Automobile repair. • Child care/supervision. • Clothing. • Education expenses. • Furnishings/appliances. • Housing (rent, security deposits). • Medication. • Supplies/groceries. • Utilities. • Incentive money. | <p>Other</p> <p>Universal developmental assessment. Camp. Team meeting. Consultation with other professionals. Transportation. Interpretive services.</p> | <p>Supports</p> <ul style="list-style-type: none"> • Family Groups. • Youth Groups. • Peer to Peer Supports. • Youth Leadership Development. • Trainings. • Advocacy. • System navigation. • Resources/ Directory. |